



Bonding



BEFORE

AFTER

Dental bonding, also known as composite bonding, has been used in dentistry for many years. It is an excellent way to repair cracked, chipped and discoloured teeth as well as replacing silver amalgam fillings. Dental bonding can also be used to close gaps and reshape misaligned teeth, providing a straighter, more uniform smile.

Dental bonding is an option that can be considered:

- To repair decayed teeth (composite resins are used to fill cavities)
- To repair chipped or cracked teeth
- To improve the appearance of discoloured teeth
- To close spaces between teeth
- To make teeth look longer
- To change the shape of teeth
- As a cosmetic alternative to amalgam fillings
- To protect a portion of the tooth's root that has been exposed when gums recede

Dental bonding is among the easiest and least expensive of cosmetic dental procedures. Unlike veneers and crowns, which are customized tooth coverings that must be manufactured in a lab, bonding usually can be done in one office visit.

Although the material used in dental bonding is somewhat stain resistant, it does not resist stains as well as crowns. Another disadvantage is that the bonding materials do not last as long nor are as strong as other restorative procedures, such as crowns and veneer. Additionally, bonding materials can more easily chip and break off the tooth.

Because of some of the limitations of dental bonding, it is best suited for small cosmetic changes, for temporary correction of cosmetic defects, and for correction of teeth in areas of very low bite pressure.

Bonded teeth do not require special care. Simply follow good oral hygiene practices. Brush teeth at least twice a day, floss at least once a day, and see us for regular professional check-ups and cleanings.

Because bonding material can chip, it is important to avoid such habits as biting fingernails; chewing on pens, ice, or other hard food objects; or using your bonded teeth as an opener. If you do notice any sharp edges on a bonded tooth or if your tooth feels odd when you bite down, call us.

The lifespan of bonding materials for the teeth depends on how much bonding was done and your oral habits. Typically, however, bonding material lasts from 3 up to about 5 years before needing to be touched up or replaced.

A Night time Appliance (Splint) should be worn to help protect your teeth.

All of my questions have been answered by the dentist and I fully understand the above statements.

Date:

Signature of Patient or Legal Guardian: