

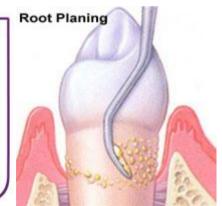
## PERIODONTAL TREATMENT

The most likely reason to lose a tooth is from periodontal disease (gum disease). This is where the bacteria in your mouth destroys the gum and bone which holds the tooth in place. The gum begins to recede, then the tooth becomes loose and eventually needs to be extracted. Causes include plaque and bacteria accumulation, smoking, clenching and grinding, and is linked to various medical issues.

**Conservative treatment** involves comprehensive instruction in oral hygiene techniques, periodontal charting involving measurement of pocket depths and the use of hand and sonic instruments that are placed between the gum and tooth surfaces.







**Surgical treatment** involves administering local anaesthetic prior to using our hand and sonic instruments to clean bacteria that is brewing under the gums. Inflamed and infected gum tissue will be removed, and the root surfaces will be thoroughly cleaned. Laser Treatment involves removal of the dead gum cells to promote growth of a new cell layer. The administering of antibiotics and antiseptics may form part of this treatment.

Unforeseen conditions may call for a modification or change from the anticipated plan. This may include, but is not limited to the extraction of hopeless teeth to enhance healing of adjacent teeth.

A healing period of 3 months is given and another general clean appointment is organised. Smoking or alcohol intake may adversely affect gum healing and may limit the successful outcome of surgery. It is important that patients abide by the specific prescriptions and instructions.

## The Principal Risks and Potential Complications

A small number of patients do not respond successfully to periodontal treatment. Due to individual patient differences there remains some risk of treatment failure, relapse, additional treatment, or even worsening of the present condition, including loss of certain teeth, despite the best of care.

There may be a need for a second procedure if the initial results are not satisfactory or if there is relapse due to poor oral hygiene or if any habits or underlying risk factors are not dealt with.

In addition, the success of periodontal procedures can be affected by medical conditions, dietary and nutritional problems, smoking, alcohol consumption, clenching and grinding of teeth, inadequate oral hygiene, and medications.

Home maintenance is the key to success with regular checks and cleans by your dentist. As the inflamed and infected gums heal, they may recede to a new healthy level. Each appointment is spaced by 2 - 3 weeks as the teeth may be sensitive after the work is performed. Duration of sensitivity varies between individuals.

Date:

Signature of patient/Guardian: