



FirstBite
DENTAL

309 Keilor Road, North Essendon, Victoria 3041

Post operative instructions for implant crowns

1. Avoid all hot food and beverages until the effect of anaesthetic has diminished
2. Be careful not to bite your cheek or lip whilst still numb
3. Once the anaesthetic wears off take note whether your teeth bite evenly. If this does not settle after a couple of days please call us to have the crown adjusted. “ High spots “ can cause sensitivity on biting
4. Information regarding implants can be found on our web site www.firstbite.com.au
5. **It is very important to have a soft diet for 6 weeks after the implant crown placement. This will encourage strong bone to grow around the implant.**
6. Brushing and flossing on a daily basis is required. This stops the bone and gum supporting the implant from being destroyed
- 7 To increase the life of your implant you must maintain your hygiene visits every six months or as instructed by the hygienist

If any problems persist please contact our practice